

## **Plymouth County, Iowa**

### **Emergency Response Procedures Plan Plymouth (IA) Counties**

This plan provides a framework for responding to emergencies within Plymouth County, Iowa, including key contacts, local authorities, evacuation procedures, first aid and medical assistance, and how to report an incident.

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#### **1. Emergency Contacts**

Key Emergency Numbers:

- Emergency Services (Fire, Medical, Police): 911
  - Highmark Companies:
    - HR Manager: (763) 270-7623
    - Risk & Compliance Manager: (763) 270-7619
    - Nurse Hotline: (844) 412-7951
  - Plymouth County Sheriff's Office (Non-Emergency): (712) 546-8191
  - Poison Control: 1-800-222-1222
  - Plymouth County Public Health: (712) 546-3335
  - American Red Cross (Siouxland Chapter): (712) 252-4081
  - National Weather Service (Weather Alerts): 1-800-889-6889
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#### **2. Local Authorities:**

- Plymouth County Sheriff's Office
    - Phone: (712) 546-8191
    - Address: 451 14th Ave NE, Le Mars, IA 51031
    - Services: Law enforcement, emergency response, public safety.
  - Le Mars Police Department
    - Phone: (712) 546-4113
    - Address: 22 2nd St NE, Le Mars, IA 51031
    - Services: Municipal policing and emergency support.
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#### **3. Evacuation Procedures:**

Evacuation Routes and Shelters:

- Designated Evacuation Routes: US Highway 75, Iowa Highway 3, Iowa Highway 60
- Evacuation Shelters:
  - Le Mars Community High School - 921 3rd Ave SW, Le Mars, IA 51031
  - Le Mars Convention Center - 275 12th St SE, Le Mars, IA 51031

Evacuation Procedure:

1. Stay Informed: Listen to emergency broadcasts and alerts.
2. Evacuate Promptly: Follow guidance from authorities.
3. Secure the Premises: Shut off utilities and lock doors.

4. Need Help? Call Plymouth County Emergency Management at (712) 546-8191.
  5. Group Movement: Travel with others for safety and accountability.
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#### **4. First Aid and Medical Assistance and Mental Health Crisis Support**

First Aid Procedures:

- Basic First Aid Kit: Keep a well-stocked first aid kit at home, work, and in your vehicle. Include supplies like bandages, antiseptics, gloves, scissors, burn cream, pain relievers, etc.

Local Medical Assistance:

- Floyd Valley Healthcare
  - Phone: (712) 546-7871
  - Address: 714 Lincoln St NE, Le Mars, IA 51031
  - Services: Emergency care, primary care, behavioral health services.

#### **Mental Health Crisis Services:**

- Siouxland Mental Health Center: (712) 252-3871
  - National Suicide Prevention Lifeline: Dial 988 (Available 24/7)
  - Crisis Text Line: Text HOME to 741741 (Available 24/7)
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#### **5. How to Report an Incident**

General Reporting Procedures:

1. Immediate Emergency Situations: Dial 911 for life-threatening emergencies, such as fire, medical emergencies, criminal activity, or accidents.
  - Provide clear details including your location, nature of the emergency, and any potential hazards.
2. Non-Emergency Reporting:
  - Notify your Project Manager or Supervisor at the office first. They will provide directions on any further reporting measures. As best as you are able stick to the facts with what you relay to them.
  - If Health or Safety related Notify Amy Robertson (HR) or if you are unable to reach them your Compliance Coordinator.
3. Local Non-Emergency Contacts:
  - Plymouth County Sheriff's Office: (712) 546-8191
  - Le Mars Police Department: (712) 546-4113
4. Health or Environmental Hazards:
  - Plymouth County Public Health: (712) 546-3335
  - Iowa DNR: (515) 725-8200
5. Utility Emergencies:
  - MidAmerican Energy: 1-888-427-5632
  - Le Mars Municipal Utilities: (712) 546-5555

