

## Wadena County

### Emergency Response Procedures Plan for Wadena County, Minnesota

This plan provides a framework for responding to emergencies within Wadena County, Minnesota, including key contacts, local authorities, evacuation procedures, first aid and medical assistance, and how to report an incident.

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#### 1. Emergency Contacts

Key Emergency Numbers:

- Emergency Services (Fire, Medical, Police): 911
  - Highmark Companies:
    - HR Manager: (763) 270-7623
    - Risk & Compliance Manager: (763) 270-7619
    - Nurse Hotline: (844) 412-7951
  - Wadena County Sheriff's Office (Non-Emergency): (218) 631-7600
  - Poison Control: 1-800-222-1222
  - Wadena County Public Health: (218) 631-7629
  - American Red Cross (Local Chapter): (218) 722-0071
  - National Weather Service (Weather Alerts): 1-800-889-6889
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#### 2. Local Authorities

- Wadena County Sheriff's Office
    - Phone: (218) 631-7600
    - Address: 415 S Jefferson St, Wadena, MN 56482
    - Services: Law enforcement, emergency management, public safety.
  - Wadena Fire Department
    - Phone: (218) 631-7700 (Non-emergency)
    - Address: 121 Colfax Ave SW, Wadena, MN 56482
    - Services: Fire suppression, rescue operations, emergency response.
  - Sebeka Police Department
    - Phone: (218) 837-5035 (Non-emergency)
    - Address: 213 Minnesota Ave W, Sebeka, MN 56477
    - Services: Law enforcement, community policing.
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#### 3. Evacuation Procedures

Evacuation Routes and Shelters:

- Designated Evacuation Routes: U.S. Highway 10, U.S. Highway 71, and MN-29.
- Evacuation Shelters:
  - Wadena-Deer Creek High School - 600 Colfax Ave SW, Wadena, MN 56482

- Verndale Public School - 411 SW Brown St, Verndale, MN 56481
- Sebeka School - 200 1st St NW, Sebeka, MN 56477

Evacuation Procedure:

1. Stay Alert: Monitor weather and emergency services.
  2. Follow Instructions: Comply with evacuation directives.
  3. Secure Property: Unplug devices, close doors/windows.
  4. Assistance: Call Wadena County Emergency Management at (218) 631-7600 if needed.
  5. Travel Together: Maintain group safety and accountability.
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#### **4. First Aid and Medical Assistance and Mental Health Crisis Support**

First Aid Procedures:

- Basic First Aid Kit: Keep a well-stocked first aid kit at home, work, and in your vehicle. Include supplies like bandages, antiseptics, gloves, scissors, burn cream, pain relievers, etc.

Local Medical Assistance:

- Tri-County Health Care (Aster Health)
  - Phone: (218) 631-3510
  - Address: 421 11th St NW, Wadena, MN 56482
  - Services: Full emergency and urgent care, inpatient and outpatient services.

In Case of Injury or Medical Emergency:

1. Call 911 for immediate medical emergencies.
2. Provide First Aid if you are trained, including CPR, wound care, or stabilizing injuries until medical help arrives.
3. Transport to Hospital: If safe to do so, transport injured individuals to the nearest medical facility. Otherwise, wait for emergency responders.

#### **Mental Health Crisis Services:**

- Wadena County Crisis Line: (800) 247-2809 (Available 24/7)
  - National Suicide Prevention Lifeline: Dial 988 (Available 24/7)
  - Crisis Text Line: Text HOME to 741741 (Available 24/7)
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#### **5. How to Report an Incident**

General Reporting Procedures:

1. Immediate Emergency Situations: Dial 911 for life-threatening emergencies, such as fire, medical emergencies, criminal activity, or accidents.
  - Provide clear details including your location, nature of the emergency, and any potential hazards.

2. Report Non-Emergency Incidents:

- Notify your Project Manager or Supervisor at the office first. They will provide directions on any further reporting measures. As best as you are able stick to the facts with what you relay to them.
- If Health or Safety related Notify Amy Robertson (HR) or if you are unable to reach them your Compliance Coordinator.

3. Non-Emergency Contacts:

- Wadena County Sheriff's Office: (218) 631-7600
- Sebeka Police Department: (218) 837-5035

4. Health and Environmental Hazards:

- Wadena County Public Health: (218) 631-7629
- Minnesota Department of Natural Resources (DNR): (651) 296-6157

5. Utility Emergencies:

- Minnesota Power: 1-800-228-4966
- CenterPoint Energy (Gas): 1-800-296-9815
- Wadena Public Works (Water/Sewer): (218) 631-7710